

MASTERS MEET

El Camino Community College - The stadium will open at 9:30 a.m. for spectators.

TIME SCHEDULE

RUNNING EVENTS: 3/16 maximum length pyramid/no needle

Note: The time schedule will be adhered to within a 3 - 5 minute window.

Girls 400m Relay	1:00	Girls 800m	2:22
Boys 400m Relay	1:08	Boys 800m	2:29
Girls 1600	1:17	Girls 300m LH	2:38
Boys 1600	1:28	Boys 300m IH	2:45
Girls 100m HH	1:40	Girls 200m	2:53
Boys 110m HH	1:47	Boys 200m	3:00
Girls 400m	1:55	Girls 3200	3:08
Boys 400m	2:02	Boys 3200	3:25
Girls 100m	2:09	Girls 1600m Relay	3:40
Boys 100m	2:15	Boys 1600m Relay	3:50

FIELD EVENTS - Warm-ups may begin at 10:30am except as noted below.

GIRLS DISCUS - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

BOYS DISCUS - To follow girls

Note: Discus must be weighed and measured at the Field House prior to competition ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS SHOT PUT - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS SHOT PUT - To follow boys

Note: Athletes must provide their own shots. Shots must be engraved with the appropriate weight. ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS LONG JUMP - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS LONG JUMP – 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS TRIPLE JUMP – To follow long jump (Warmups may begin at 10:30 a.m.)

BOYS TRIPLE JUMP – To follow long jump (Warmups may begin at 10:30 a.m.)

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS HIGH JUMP - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS HIGH JUMP - To follow boys

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS POLE VAULT - 10:30 a.m. (Warmups may begin at 9:45 a.m.)

GIRLS POLE VAULT - To follow boys

Note: All pole vaulter's weight and pole must be certified by the COACH at the Field Event Clerk gate at the west side of the stadium prior to the event. ALL athletes must be dressed in a proper, school issued, track uniform.

SEEDING OF EVENTS

Seeding for the **Masters Meet** will be based on the athlete's performance in the Divisional Championship Finals Meet. The fastest to slowest times in each running event will dictate the lane assignment. The formula for lane assignments is: 5, 6, 4, 7, 3, 8, 2, 9, 1. The 800/1600/3200 will be seeded from the outside in with the best times on the outside. All three races will be run in two alleys for the first turn. The 1600 relay will be run with a three (3) turn stagger. El Camino College has Olympic turn and a common finish line.

MASTERS MEET INTO THE STATE MEET

The top six (6) finishers in each event will advance to the State Meet at Buchanan High School in Clovis on Friday and Saturday, June 1 and 2, 2018. At-Large entries will be accepted into the State Meet. See the State Meet Advance Bulletin for marks www.cifstate.org

SCRATCHES AND ALTERNATES - Should an entrant be unable, or chooses not to enter an event for which he/she has qualified, the following procedures are to be followed:

MASTERS MEET INTO THE STATE MEET - Coaches of athletes scratching from an event are to report the scratch to the Coaches Corner as soon as possible, the same evening, after the athlete's final event.

The next best athlete is eligible to advance. Once the Southern Section entries are submitted to the State, no additional scratches/additions are permitted. Any athlete entered in more than one event at that point is subject to the penalties outlined under the State "Honest Effort" rule if he/she scratches from an event. After scratches have been received, no openings will be filled in events that have 6 or more entries.

STATE MEET

The State Meet Bulletin will be available in mid-April on the State CIF website. The Preliminary races will be held on Friday, June 1, 2018, and the Finals on Saturday, June 2, 2018. Field event Prelims will start on Friday with check-in at 1:45 p.m.; running event Prelims will start at 5:00 p.m. Finals in field events will check-in at 3:15 p.m.; running events will start at 6:00 p.m. Further information can be found on the Internet at the State CIF website - www.cifstate.org