

Earl Engman Relays  
PORTOLA HS Stadium  
Saturday March 5, 2022 9:00 AM  
Saturday, March 5, 2022.

This year we will open the track season at the all weather surface at Portola HS Stadium.

The meet consists of 9 varsity relay events and 4 field event relays.

Field Events:

Boys and Girls Long Jump Relay (3 competitors per school)  
Boys and Girls High Jump Relay (3 competitors per school)  
Boys and Girls Shot Put Relay (3 competitors per school)  
Boys and Girls Discus Relay (3 competitors per school)

Running Events:

Girls Distance Medley (400, 800, 1200, 1600) B teams allowed  
Invitational Girls Distance Medley (400, 800, 1200, 1600)  
Girls Shuttle Low Hurdles (4 x 110m, 5 low hurdles)  
Boys Shuttle Low Hurdles (4 x 110m, 5 low hurdles)  
8 x 200 Boys and Girls  
4 x 800 Boys and Girls B teams allowed  
Invitational 4 x 800 Boys and Girls  
4 x 100 Boys and Girls  
Sprint Medley (200, 200, 400, 800) Boys and Girls  
Sprint Medley (100, 100, 200, 400) Boys and Girls  
4 x 200 Boys and Girls  
Boys Distance Medley (400, 800, 1200, 1600) B teams allowed  
Invitational Boys Distance Medley (400, 800, 1200, 1600)  
4 x 400 Boys and Girls B teams allowed

Divisions: The meet will be divided into 3 boys & Girls divisions