



Trabuco Hills High School - 2024 Mustang Roundup

#	Event	Level	Heats	Time	#	Event	Division	Time
1	Girls 3200m Run	Frosh/Soph	1	8:00	113	Pole Vault	Girls OPEN	9:00 AM
2	Girls 3200m Run	Varsity	1	8:15	114	5 Alive	Boys OPEN	to follow
3	Boys 3200m Run	Frosh/Soph	1	8:30	112	High Jump	Boys Varsity	9:00 AM
4	Boys 3200m Run	Varsity	1	8:45	111	5 Alive	Boys F/S	to follow
5	Girls 4x100m Relay	Frosh/Soph	1	9:00	110		Girls Varsity	to follow
6	Girls 4x100m Relay	Varsity	2	9:05	109		Girls F/S	to follow
7	Boys 4x100m Relay	Frosh/Soph	2	9:10	103	Long Jump	Girls Varsity	9:00 AM
8	Boys 4x100m Relay	Varsity	2	9:20	101	2 Pits	Girls F/S	to follow
9	Girls 100m Hurdles	Frosh/Soph	3	9:30	104		Boys Varsity	9:00 AM
10	Girls 100m Hurdles	Varsity	4	9:35	102		Boys F/S	to follow
11	Boys 110m High Hurdles	Frosh/Soph	3	9:45	107	Triple Jump	Girls Varsity	12:00 PM
12	Boys 110m High Hurdles	Varsity	4	9:50	105	2 Pits	Girls F/S	to follow
13	Girls 400m Dash	Frosh/Soph	4	10:00	108		Boys Varsity	12:00 PM
14	Girls 400m Dash	Varsity	4	10:15	106		Boys F/S	to follow
15	Boys 400m Dash	Frosh/Soph	5	10:25	115	Shot Put	Boys Varsity	9:00 AM
16	Boys 400m Dash	Varsity	7	10:35	116	2 pits (if needed)	Boys F/S	to follow
17	Girls 100m Dash	Frosh/Soph	7	10:55	117		Girls Varsity	to follow
18	Girls 100m Dash	Varsity	7	11:10	118		Girls F/S	to follow
19	Boys 100m Dash	Frosh/Soph	9	11:25	119	Discus	Girls Varsity	9:00 AM
20	Boys 100m Dash	Varsity	9	11:45	120	2 pits (if needed)	Girls F/S	to follow
21	Girls 800m Run	Frosh/Soph	2	12:05	121		Boys Varsity	to follow
22	Girls 800m Run	Varsity	2	12:20	122		Boys F/S	to follow
23	Boys 800m Run	Frosh/Soph	4	12:35				
24	Boys 800m Run	Varsity	3	12:50				
25	Girls 300m Hurdles	Frosh/Soph	3	1:10				
26	Girls 300m Hurdles	Varsity	4	1:20				
27	Boys 300m Hurdles	Frosh/Soph	3	1:30				
28	Boys 300m Hurdles	Varsity	5	1:40				
29	Girls 200m Dash	Frosh/Soph	7	1:55				
30	Girls 200m Dash	Varsity	6	2:10				
31	Boys 200m Dash	Frosh/Soph	9	2:25				
32	Boys 200m Dash	Varsity	9	2:45				
33	Girls 1600m Run	Frosh/Soph	3	3:05				
34	Girls 1600m Run	Varsity	3	3:30				
35	Boys 1600m Run	Frosh/Soph	6	3:50				
36	Boys 1600m Run	Varsity	4	4:25				
37	Girls 4x400m Relay	Frosh/Soph	1	4:50				
38	Girls 4x400m Relay	Varsity	2	4:55				
39	Boys 4x400m Relay	Frosh/Soph	2	5:05				
40	Boys 4x400m Relay	Varsity	2	5:15				